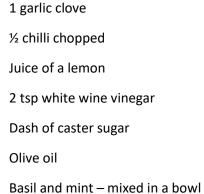
## Forest Bean Salad



## Cook:

French beans

Asparagus

Broad beans (pounded?)

Runner beans

Stir them together into the dressing, sprinkle roast pumpkin seeds over it.